

# LGBTQ+ member resource guide for Wellpoint

Wellpoint is committed to ensuring equal access to healthcare for the LGBTQ+ community. We want to:

- Connect people with affirming and informed providers.
- Break down barriers.
- Make resources and support readily available.

This guide provides members with some national and local resources that may be able to help.

## Resources

Parents and families of transgender and gender expansive:

- PFLAG parent guide: *Our Trans Loved Ones*

Name and gender marker change:

- [Trans Maryland Name Change Program](#)
- [National Center for Transgender Equality ID Documents Center](#)

Welcoming and affirming health navigation:

- [The Center for LGBTQ Health Equity, Chase Brexton Health Care](#)

Includes:

- Primary care
- Gender-affirming care
- Dental
- Pharmacy
- Behavioral (mental) health
- Case management
- HIV care

Services for LGBTQ+ elders (50 years and older):

- [ElderPride and The Center for LGBTQ Health Equity, Chase Brexton Health Care](#)



## Wellpoint LGBTQ member advocate

An LGBTQ member advocate is here to support your access to welcoming and affirming healthcare.

Email: [lgbtqmemberadvocate@wellpoint.com](mailto:lgbtqmemberadvocate@wellpoint.com)

## Maryland LGBTQ+ community resources

### Baltimore Safe Haven:

- Trans-led group offering Baltimore City LGBTQ+ people who are living in survival mode the chance to thrive.

#### Offers:

- Drop-in center
- Food distribution
- Transitional housing
- GED training
- Job training
- Mobile outreach
- Harm reduction

### The Pride Center of Maryland:

- LGBTQ Community Center

### Hearts & Ears, Inc.:

- Wellness and recovery center in Baltimore City for LGBTQIA+ people.

#### Includes:

- Variety of groups and activities
- Daily check-ins
- Help with finding a job and housing
- Behavioral (mental) health resources

### FreeState Justice:

- Legal support group that seeks to better the lives of low-income LGBTQ+ Marylanders.



Learn more about Wellpoint programs at <https://provider.wellpoint.com/md/>.

