

**Do you need free help with this letter?**

**If you speak a language other than English, help in your language is available for free. This page tells you how to get help in a language other than English. It also tells you about other help that's available.**

**Spanish: Español**

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 833-731-2153 (TRS: 711).

**Kurdish: کوردی**

ئاگاداری: ئهگهر به زمانی کوردی قهسه دهکهیت، خزمهتگوزاریهکانی یارمهتی زمان، بهخۆرای، بۆ تو بهردهسته. پهپهوندی به 833-731-2153 (TRS: 711).

**Arabic: ربيّةلعا**

833-731-2153 (TRS: 711) وظهلم: اذا متكل ةللغا ربيّةلعا اتمدخ دةعالمسا ويةللغا رةفومت كل انجام. اتصل مقبر مقر فتاه صملا و مليكا

**Chinese: 繁體中文**

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 833-731-2153 (TRS: 711)

**Vietnamese: Tiếng Việt**

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 833-731-2153 (TRS: 711).

**Korean: 한국어 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를**

무료로 이용하실 수 있습니다.

833-731-2153 (TRS: 711) 번으로 전화해 주십시오.

**French: Français**

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 833-731-2153 (TRS: 711).

**Amharic: አማርኛ**

ማስታወሻ: የሚናገሩት ቋንቋ አማርኛ ከሆነ የትርጉም እርዳታ ድርጅቶች፣ በነጻ ሊያገዝዎት ተዘጋጅተዋል፡ ወደ ሚስተለው ቁጥር ይደውሉ 833-731-2153 (ማስማት ለተሰናዥው:TRS: 711).

**Gujarati: ગુજુ રાતી**

સચુ ના: જો તમે ગુજુ રાતી બોલતા હો, તો નન:શલુુ ક ભાષા સહાય સવે ાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 833-731-2153 (TRS: 711).

**Laotian: ພາສາລາວ**

ໂປດຊາບ: ຖ້າວ່າ ທ່ານເວົ້າພາສາລາວ, ການບໍລິການຊ່ວຍເຫຼືອອດ້ານພາສາ, ໂດຍບໍ່ເສັຽຄ່າ, ແມ່ນມີ ພ້ອມໃຫ້ທ່ານ. ໂທ 833-731-2153 (TRS: 711).

**German: Deutsch**

ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 833-731-2153 (TRS: 711).

**Tagalog: Tagalog**

PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 833-731-2153 (TRS: 711).

**Hindi: ह दिी**

ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं पर कॉल करें। 833-731-2153 (TRS: 711)

<b>Russian:</b>	Русский ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 833-731-2153 (телетайп: TRS: 711).
<b>Nepali:</b>	नपे ाली ध्यान ददनु ोस्: तपाईंले नेपाली बोल्नुहुन्छ भने तपाईंको लनलतत भाषा स ायता सेवा रू लनि:शुल्क रूपमा उपलब्ध छ । फोन गन ोस् 833-731-2153 (टिटिवाई: TRS: 711).
<b>Persian:</b>	فارسی توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. تماس بگیرید. 833-731-2153 (TRS- 711)
<b>Serbo-Croatian:</b>	<b>Srpsko-hrvatski</b> OBAVJEŠTENJE: Ako govorite srpsko-hrvatski, usluge jezičke pomoći dostupne su vam besplatno. Nazovite Telefon za osobe sa oštećenim govorom ili sluhom: 833-731-2153 (TRS- 711).

- Do you need help talking with us or reading what we send you?
- Do you have a disability and need help getting care or taking part in one of our programs or services?
- Or do you have more questions about your healthcare?

Call us for free at 833-731-2153. We can connect you with the free help or service you need. (For TRS call: 711.)

We obey federal and state civil rights laws. We do not treat people in a different way because of their race, color, birthplace, language, age, disability, religion, or sex. Do you think we did not help you or you were treated differently because of your race, color, birthplace, language, age, disability, religion, or sex? You can file a complaint by mail, by email, or by phone. Here are three places where you can file a complaint:

<p>TennCare Office of Civil Rights Compliance 310 Great Circle Road, 3W Nashville, TN 37243</p> <p>Email: HCFA.Fairtreatment@tn.gov Phone: 855-857-1673 (TRS 711)</p> <p>You can get a complaint form online at: <a href="http://tn.gov/content/dam/tn/tenncare/documents/complaintform.pdf">tn.gov/content/dam/tn/tenncare/documents/complaintform.pdf</a></p>	<p>Wellpoint Nondiscrimination Coordinator 22 Century Blvd., Suite 220 Nashville, TN 37214</p> <p>Email: tn.nondiscrimination@wellpoint.com</p> <p>Phone: 833-731-2153 (TRS 711) Fax: 866-796-4532</p>	<p>U.S. Department of Health and Human Services Office for Civil Rights 200 Independence Ave. SW, Rm 509F, HHH Bldg Washington, DC 20201</p> <p>Phone: 800-368-1019 TDD: 800-537-7697 Or you can file a complaint online at: <a href="http://ocrportal.hhs.gov/ocr/portal/lobby.jsf">ocrportal.hhs.gov/ocr/portal/lobby.jsf</a></p>
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