

## Healthy Texas Women program launches added postpartum-care services

The Healthy Texas Women (HTW) program can provide many healthcare services if you lose Medicaid coverage after you have a baby. An addition called HTW Plus has recently launched for postpartum women who have joined HTW.

Starting September 1, 2020, HTW clients with a pregnancy in the past 12 months became eligible for these new postpartum-care services for up to 12 months. HTW Plus services focus on treating major health conditions that affect maternal morbidity and mortality in Texas, as well as:

- Postpartum depression and other mental health conditions
  - Services include individual, family, and group psychotherapy. They also include peer specialist care.
- Cardiovascular, coronary, and asthma conditions
  - Services include:
    - Imaging studies
    - Blood pressure monitoring
    - Diabetes testing
    - Anticoagulant, antiplatelet, antihypertensive, and asthma medications
- Substance use disorders, including drug, alcohol, and tobacco use
  - Services include: screening, brief intervention, and referral for treatment (SBIRT). They also include outpatient substance use counseling, smoking cessation services, medication-assisted treatment (MAT), and peer specialist services.

Women whose Medicaid for Pregnant Women eligibility was extended due to the Public Health Emergency (PHE) will be tested for HTW eligibility. Eligible women will then be instantly signed up for HTW and can receive HTW Plus services. The Health and Human Services Commission (HHSC) will send a letter to eligible women to confirm they are members of HTW and are eligible for HTW Plus services. Members who have renewals due during the COVID-19 pandemic will continue to be eligible for HTW benefits throughout the PHE. Members will receive a notice on the next steps to take to keep their coverage after the PHE ends.

### **Do you have questions? We are just a call away.**

Thank you for being an Amerigroup member. We want to help you understand your benefits. Just call Member Services toll-free at the number on your member ID card for help.

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