

Postpartum visit schedule

Wellpoint District of Columbia, Inc. | Medicaid

The postpartum visit is an important part of overall pregnancy care and should occur between 7 to 84 days following delivery. Per the American College of Obstetricians and Gynecologists, all women should ideally have contact with a maternal care provider within the first three weeks postpartum. This initial assessment should be followed up with ongoing care as needed, concluding with a comprehensive postpartum visit no later than 12 weeks after birth. Please see the table below to assist in when to schedule a postpartum visit with a new mother.

Schedule visit			Schedule visit			Schedule visit			Schedule visit		
Delivery	From	To	Delivery	From	To	Delivery	From	To	Delivery	From	To
Jan 1	Jan 8	Mar 25	Feb 16	Feb 23	May 10	Apr 2	Apr 9	Jun 25	May 18	May 25	Aug 10
Jan 2	Jan 9	Mar 26	Feb 17	Feb 24	May 11	Apr 3	Apr 10	Jun 26	May 19	May 26	Aug 11
Jan 3	Jan 10	Mar 27	Feb 18	Feb 25	May 12	Apr 4	Apr 11	Jun 27	May 20	May 27	Aug 12
Jan 4	Jan 11	Mar 28	Feb 19	Feb 26	May 13	Apr 5	Apr 12	Jun 28	May 21	May 28	Aug 13
Jan 5	Jan 12	Mar 29	Feb 20	Feb 27	May 14	Apr 6	Apr 13	Jun 29	May 22	May 29	Aug 14
Jan 6	Jan 13	Mar 30	Feb 21	Feb 28	May 15	Apr 7	Apr 14	Jun 30	May 23	May 30	Aug 15
Jan 7	Jan 14	Mar 31	Feb 22	Mar 1	May 17	Apr 8	Apr 15	Jul 1	May 24	May 31	Aug 16
Jan 8	Jan 15	Apr 1	Feb 23	Mar 2	May 18	Apr 9	Apr 16	Jul 2	May 25	Jun 1	Aug 17
Jan 9	Jan 16	Apr 2	Feb 24	Mar 3	May 19	Apr 10	Apr 17	Jul 3	May 26	Jun 2	Aug 18
Jan 10	Jan 17	Apr 3	Feb 25	Mar 4	May 20	Apr 11	Apr 18	Jul 4	May 27	Jun 3	Aug 19
Jan 11	Jan 18	Apr 4	Feb 26	Mar 5	May 21	Apr 12	Apr 19	Jul 5	May 28	Jun 4	Aug 20
Jan 12	Jan 19	Apr 5	Feb 27	Mar 6	May 22	Apr 13	Apr 20	Jul 6	May 29	Jun 5	Aug 21
Jan 13	Jan 20	Apr 6	Feb 28	Mar 7	May 23	Apr 14	Apr 21	Jul 7	May 30	Jun 6	Aug 22
Jan 14	Jan 21	Apr 7	Mar 1	Mar 8	May 24	Apr 15	Apr 22	Jul 8	May 31	Jun 7	Aug 23
Jan 15	Jan 22	Apr 8	Mar 2	Mar 9	May 25	Apr 16	Apr 23	Jul 9	Jun 1	Jun 8	Aug 24
Jan 16	Jan 23	Apr 9	Mar 3	Mar 10	May 26	Apr 17	Apr 24	Jul 10	Jun 2	Jun 9	Aug 25
Jan 17	Jan 24	Apr 10	Mar 4	Mar 11	May 27	Apr 18	Apr 25	Jul 11	Jun 3	Jun 10	Aug 26
Jan 18	Jan 25	Apr 11	Mar 5	Mar 12	May 28	Apr 19	Apr 26	Jul 12	Jun 4	Jun 11	Aug 27
Jan 19	Jan 26	Apr 12	Mar 6	Mar 13	May 29	Apr 20	Apr 27	Jul 13	Jun 5	Jun 12	Aug 28
Jan 20	Jan 27	Apr 13	Mar 7	Mar 14	May 30	Apr 21	Apr 28	Jul 14	Jun 6	Jun 13	Aug 29
Jan 21	Jan 28	Apr 14	Mar 8	Mar 15	May 31	Apr 22	Apr 29	Jul 15	Jun 7	Jun 14	Aug 30
Jan 22	Jan 29	Apr 15	Mar 9	Mar 16	Jun 1	Apr 23	Apr 30	Jul 16	Jun 8	Jun 15	Aug 31
Jan 23	Jan 30	Apr 16	Mar 10	Mar 17	Jun 2	Apr 24	May 1	Jul 17	Jun 9	Jun 16	Sep 1
Jan 24	Jan 31	Apr 17	Mar 11	Mar 18	Jun 3	Apr 25	May 2	Jul 18	Jun 10	Jun 17	Sep 2
Jan 25	Feb 1	Apr 18	Mar 12	Mar 19	Jun 4	Apr 26	May 3	Jul 19	Jun 11	Jun 18	Sep 3
Jan 26	Feb 2	Apr 19	Mar 13	Mar 20	Jun 5	Apr 27	May 4	Jul 20	Jun 12	Jun 19	Sep 4
Jan 27	Feb 3	Apr 20	Mar 14	Mar 21	Jun 6	Apr 28	May 5	Jul 21	Jun 13	Jun 20	Sep 5

Postpartum visit schedule

Page 2 of 6

Jan 28	Feb 4	Apr 21	Mar 15	Mar 22	Jun 7	Apr 29	May 6	Jul 22	Jun 14	Jun 21	Sep 6
Jan 29	Feb 5	Apr 22	Mar 16	Mar 23	Jun 8	Apr 30	May 7	Jul 23	Jun 15	Jun 22	Sep 7
Jan 30	Feb 6	Apr 23	Mar 17	Mar 24	Jun 9	May 1	May 8	Jul 24	Jun 16	Jun 23	Sep 8
Jan 31	Feb 7	Apr 24	Mar 18	Mar 25	Jun 10	May 2	May 9	Jul 25	Jun 17	Jun 24	Sep 9
Feb 1	Feb 8	Apr 25	Mar 19	Mar 26	Jun 11	May 3	May 10	Jul 26	Jun 18	Jun 25	Sep 10
Feb 2	Feb 9	Apr 26	Mar 20	Mar 27	Jun 12	May 4	May 11	Jul 27	Jun 19	Jun 26	Sep 11
Feb 3	Feb 10	Apr 27	Mar 21	Mar 28	Jun 13	May 5	May 12	Jul 28	Jun 20	Jun 27	Sep 12
Feb 4	Feb 11	Apr 28	Mar 22	Mar 29	Jun 14	May 6	May 13	Jul 29	Jun 21	Jun 28	Sep 13
Feb 5	Feb 12	Apr 29	Mar 23	Mar 30	Jun 15	May 7	May 14	Jul 30	Jun 22	Jun 29	Sep 14
Feb 6	Feb 13	Apr 30	Mar 24	Mar 31	Jun 16	May 8	May 15	Jul 31	Jun 23	Jun 30	Sep 15
Feb 7	Feb 14	May 1	Mar 25	Apr 1	Jun 17	May 9	May 16	Aug 1	Jun 24	Jul 1	Sep 16
Feb 8	Feb 15	May 2	Mar 26	Apr 2	Jun 18	May 10	May 17	Aug 2	Jun 25	Jul 2	Sep 17
Feb 9	Feb 16	May 3	Mar 27	Apr 3	Jun 19	May 11	May 18	Aug 3	Jun 26	Jul 3	Sep 18
Feb 10	Feb 17	May 4	Mar 28	Apr 4	Jun 20	May 12	May 19	Aug 4	Jun 27	Jul 4	Sep 19
Feb 11	Feb 18	May 5	Mar 29	Apr 5	Jun 21	May 13	May 20	Aug 5	Jun 28	Jul 5	Sep 20
Feb 12	Feb 19	May 6	Mar 30	Apr 6	Jun 22	May 14	May 21	Aug 6	Jun 29	Jul 6	Sep 21
Feb 13	Feb 20	May 7	Mar 31	Apr 7	Jun 23	May 15	May 22	Aug 7	Jun 30	Jul 7	Sep 22
Feb 14	Feb 21	May 8	Apr 1	Apr 8	Jun 24	May 16	May 23	Aug 8	Jul 1	Jul 8	Sep 23
Feb 15	Feb 22	May 9				May 17	May 24	Aug 9	Jul 2	Jul 9	Sep 24

	Schedule visit			Schedule visit			Schedule visit			Schedule visit	
Delivery	From	To	Delivery	From	To	Delivery	From	To	Delivery	From	To
Jul 3	Jul 10	Sep 25	Aug 26	Sep 2	Nov 18	Oct 19	Oct 26	Jan 11	Dec 12	Dec 19	Mar 6
Jul 4	Jul 11	Sep 26	Aug 27	Sep 3	Nov 19	Oct 20	Oct 27	Jan 12	Dec 13	Dec 20	Mar 7
Jul 5	Jul 12	Sep 27	Aug 28	Sep 4	Nov 20	Oct 21	Oct 28	Jan 13	Dec 14	Dec 21	Mar 8
Jul 6	Jul 13	Sep 28	Aug 29	Sep 5	Nov 21	Oct 22	Oct 29	Jan 14	Dec 15	Dec 22	Mar 9
Jul 7	Jul 14	Sep 29	Aug 30	Sep 6	Nov 22	Oct 23	Oct 30	Jan 15	Dec 16	Dec 23	Mar 10
Jul 8	Jul 15	Sep 30	Aug 31	Sep 7	Nov 23	Oct 24	Oct 31	Jan 16	Dec 17	Dec 24	Mar 11
Jul 9	Jul 16	Oct 1	Sep 1	Sep 8	Nov 24	Oct 25	Nov 1	Jan 17	Dec 18	Dec 25	Mar 12
Jul 10	Jul 17	Oct 2	Sep 2	Sep 9	Nov 25	Oct 26	Nov 2	Jan 18	Dec 19	Dec 26	Mar 13
Jul 11	Jul 18	Oct 3	Sep 3	Sep 10	Nov 26	Oct 27	Nov 3	Jan 19	Dec 20	Dec 27	Mar 14
Jul 12	Jul 19	Oct 4	Sep 4	Sep 11	Nov 27	Oct 28	Nov 4	Jan 20	Dec 21	Dec 28	Mar 15
Jul 13	Jul 20	Oct 5	Sep 5	Sep 12	Nov 28	Oct 29	Nov 5	Jan 21	Dec 22	Dec 29	Mar 16
Jul 14	Jul 21	Oct 6	Sep 6	Sep 13	Nov 29	Oct 30	Nov 6	Jan 22	Dec 23	Dec 30	Mar 17
Jul 15	Jul 22	Oct 7	Sep 7	Sep 14	Nov 30	Oct 31	Nov 7	Jan 23	Dec 24	Dec 31	Mar 18
Jul 16	Jul 23	Oct 8	Sep 8	Sep 15	Dec 1	Nov 1	Nov 8	Jan 24	Dec 25	Jan 1	Mar 19
Jul 17	Jul 24	Oct 9	Sep 9	Sep 16	Dec 2	Nov 2	Nov 9	Jan 25	Dec 26	Jan 2	Mar 20
Jul 18	Jul 25	Oct 10	Sep 10	Sep 17	Dec 3	Nov 3	Nov 10	Jan 26	Dec 27	Jan 3	Mar 21
Jul 19	Jul 26	Oct 11	Sep 11	Sep 18	Dec 4	Nov 4	Nov 11	Jan 27	Dec 28	Jan 4	Mar 22
Jul 20	Jul 27	Oct 12	Sep 12	Sep 19	Dec 5	Nov 5	Nov 12	Jan 28	Dec 29	Jan 5	Mar 23
Jul 21	Jul 28	Oct 13	Sep 13	Sep 20	Dec 6	Nov 6	Nov 13	Jan 29	Dec 30	Jan 6	Mar 24
Jul 22	Jul 29	Oct 14	Sep 14	Sep 21	Dec 7	Nov 7	Nov 14	Jan 30	Dec 31	Jan 7	Mar 25
Jul 23	Jul 30	Oct 15	Sep 15	Sep 22	Dec 8	Nov 8	Nov 15	Jan 31			
Jul 24	Jul 31	Oct 16	Sep 16	Sep 23	Dec 9	Nov 9	Nov 16	Feb 1			
Jul 25	Aug 1	Oct 17	Sep 17	Sep 24	Dec 10	Nov 10	Nov 17	Feb 2			

Postpartum visit schedule

Page 3 of 6

Jul 26	Aug 2	Oct 18	Sep 18	Sep 25	Dec 11	Nov 11	Nov 18	Feb 3
Jul 27	Aug 3	Oct 19	Sep 19	Sep 26	Dec 12	Nov 12	Nov 19	Feb 4
Jul 28	Aug 4	Oct 20	Sep 20	Sep 27	Dec 13	Nov 13	Nov 20	Feb 5
Jul 29	Aug 5	Oct 21	Sep 21	Sep 28	Dec 14	Nov 14	Nov 21	Feb 6
Jul 30	Aug 6	Oct 22	Sep 22	Sep 29	Dec 15	Nov 15	Nov 22	Feb 7
Jul 31	Aug 7	Oct 23	Sep 23	Sep 30	Dec 16	Nov 16	Nov 23	Feb 8
Aug 1	Aug 8	Oct 24	Sep 24	Oct 1	Dec 17	Nov 17	Nov 24	Feb 9
Aug 2	Aug 9	Oct 25	Sep 25	Oct 2	Dec 18	Nov 18	Nov 25	Feb 10
Aug 3	Aug 10	Oct 26	Sep 26	Oct 3	Dec 19	Nov 19	Nov 26	Feb 11
Aug 4	Aug 11	Oct 27	Sep 27	Oct 4	Dec 20	Nov 20	Nov 27	Feb 12
Aug 5	Aug 12	Oct 28	Sep 28	Oct 5	Dec 21	Nov 21	Nov 28	Feb 13
Aug 6	Aug 13	Oct 29	Sep 29	Oct 6	Dec 22	Nov 22	Nov 29	Feb 14
Aug 7	Aug 14	Oct 30	Sep 30	Oct 7	Dec 23	Nov 23	Nov 30	Feb 15
Aug 8	Aug 15	Oct 31	Oct 1	Oct 8	Dec 24	Nov 24	Dec 1	Feb 16
Aug 9	Aug 16	Nov 1	Oct 2	Oct 9	Dec 25	Nov 25	Dec 2	Feb 17
Aug 10	Aug 17	Nov 2	Oct 3	Oct 10	Dec 26	Nov 26	Dec 3	Feb 18
Aug 11	Aug 18	Nov 3	Oct 4	Oct 11	Dec 27	Nov 27	Dec 4	Feb 19
Aug 12	Aug 19	Nov 4	Oct 5	Oct 12	Dec 28	Nov 28	Dec 5	Feb 20
Aug 13	Aug 20	Nov 5	Oct 6	Oct 13	Dec 29	Nov 29	Dec 6	Feb 21
Aug 14	Aug 21	Nov 6	Oct 7	Oct 14	Dec 30	Nov 30	Dec 7	Feb 22
Aug 15	Aug 22	Nov 7	Oct 8	Oct 15	Dec 31	Dec 1	Dec 8	Feb 23
Aug 16	Aug 23	Nov 8	Oct 9	Oct 16	Jan 1	Dec 2	Dec 9	Feb 24
Aug 17	Aug 24	Nov 9	Oct 10	Oct 17	Jan 2	Dec 3	Dec 10	Feb 25
Aug 18	Aug 25	Nov 10	Oct 11	Oct 18	Jan 3	Dec 4	Dec 11	Feb 26
Aug 19	Aug 26	Nov 11	Oct 12	Oct 19	Jan 4	Dec 5	Dec 12	Feb 27
Aug 20	Aug 27	Nov 12	Oct 13	Oct 20	Jan 5	Dec 6	Dec 13	Feb 28
Aug 21	Aug 28	Nov 13	Oct 14	Oct 21	Jan 6	Dec 7	Dec 14	Mar 1
Aug 22	Aug 29	Nov 14	Oct 15	Oct 22	Jan 7	Dec 8	Dec 15	Mar 2
Aug 23	Aug 30	Nov 15	Oct 16	Oct 23	Jan 8	Dec 9	Dec 16	Mar 3
Aug 24	Aug 31	Nov 16	Oct 17	Oct 24	Jan 9	Dec 10	Dec 17	Mar 4
Aug 25	Sep 1	Nov 17	Oct 18	Oct 25	Jan 10	Dec 11	Dec 18	Mar 5

Postpartum visit schedule (leap year)

Schedule visit			Schedule visit			Schedule visit			Schedule visit		
Delivery	From	To	Delivery	From	To	Delivery	From	To	Delivery	From	To
Jan 1	Jan 8	Mar 25	Feb 16	Feb 23	May 10	Apr 2	Apr 9	Jun 25	May 18	May 25	Aug 10
Jan 2	Jan 9	Mar 26	Feb 17	Feb 24	May 11	Apr 3	Apr 10	Jun 26	May 19	May 26	Aug 11
Jan 3	Jan 10	Mar 27	Feb 18	Feb 25	May 12	Apr 4	Apr 11	Jun 27	May 20	May 27	Aug 12
Jan 4	Jan 11	Mar 28	Feb 19	Feb 26	May 13	Apr 5	Apr 12	Jun 28	May 21	May 28	Aug 13
Jan 5	Jan 12	Mar 29	Feb 20	Feb 27	May 14	Apr 6	Apr 13	Jun 29	May 22	May 29	Aug 14
Jan 6	Jan 13	Mar 30	Feb 21	Feb 28	May 15	Apr 7	Apr 14	Jun 30	May 23	May 30	Aug 15
Jan 7	Jan 14	Mar 31	Feb 22	Feb 29	May 16	Apr 8	Apr 15	Jul 1	May 24	May 31	Aug 16
Jan 8	Jan 15	Apr 1	Feb 23	Mar 1	May 17	Apr 9	Apr 16	Jul 2	May 25	Jun 1	Aug 17
Jan 9	Jan 16	Apr 2	Feb 24	Mar 2	May 18	Apr 10	Apr 17	Jul 3	May 26	Jun 2	Aug 18
Jan 10	Jan 17	Apr 3	Feb 25	Mar 3	May 19	Apr 11	Apr 18	Jul 4	May 27	Jun 3	Aug 19
Jan 11	Jan 18	Apr 4	Feb 26	Mar 4	May 20	Apr 12	Apr 19	Jul 5	May 28	Jun 4	Aug 20
Jan 12	Jan 19	Apr 5	Feb 27	Mar 5	May 21	Apr 13	Apr 20	Jul 6	May 29	Jun 5	Aug 21
Jan 13	Jan 20	Apr 6	Feb 28	Mar 6	May 22	Apr 14	Apr 21	Jul 7	May 30	Jun 6	Aug 22
Jan 14	Jan 21	Apr 7	Feb 29	Mar 7	May 23	Apr 15	Apr 22	Jul 8	May 31	Jun 7	Aug 23
Jan 15	Jan 22	Apr 8	Mar 1	Mar 8	May 24	Apr 16	Apr 23	Jul 9	Jun 1	Jun 8	Aug 24
Jan 16	Jan 23	Apr 9	Mar 2	Mar 9	May 25	Apr 17	Apr 24	Jul 10	Jun 2	Jun 9	Aug 25
Jan 17	Jan 24	Apr 10	Mar 3	Mar 10	May 26	Apr 18	Apr 25	Jul 11	Jun 3	Jun 10	Aug 26
Jan 18	Jan 25	Apr 11	Mar 4	Mar 11	May 27	Apr 19	Apr 26	Jul 12	Jun 4	Jun 11	Aug 27
Jan 19	Jan 26	Apr 12	Mar 5	Mar 12	May 28	Apr 20	Apr 27	Jul 13	Jun 5	Jun 12	Aug 28
Jan 20	Jan 27	Apr 13	Mar 6	Mar 13	May 29	Apr 21	Apr 28	Jul 14	Jun 6	Jun 13	Aug 29
Jan 21	Jan 28	Apr 14	Mar 7	Mar 14	May 30	Apr 22	Apr 29	Jul 15	Jun 7	Jun 14	Aug 30
Jan 22	Jan 29	Apr 15	Mar 8	Mar 15	May 31	Apr 23	Apr 30	Jul 16	Jun 8	Jun 15	Aug 31
Jan 23	Jan 30	Apr 16	Mar 9	Mar 16	Jun 1	Apr 24	May 1	Jul 17	Jun 9	Jun 16	Sep 1
Jan 24	Jan 31	Apr 17	Mar 10	Mar 17	Jun 2	Apr 25	May 2	Jul 18	Jun 10	Jun 17	Sep 2
Jan 25	Feb 1	Apr 18	Mar 11	Mar 18	Jun 3	Apr 26	May 3	Jul 19	Jun 11	Jun 18	Sep 3
Jan 26	Feb 2	Apr 19	Mar 12	Mar 19	Jun 4	Apr 27	May 4	Jul 20	Jun 12	Jun 19	Sep 4
Jan 27	Feb 3	Apr 20	Mar 13	Mar 20	Jun 5	Apr 28	May 5	Jul 21	Jun 13	Jun 20	Sep 5
Jan 28	Feb 4	Apr 21	Mar 14	Mar 21	Jun 6	Apr 29	May 6	Jul 22	Jun 14	Jun 21	Sep 6
Jan 29	Feb 5	Apr 22	Mar 15	Mar 22	Jun 7	Apr 30	May 7	Jul 23	Jun 15	Jun 22	Sep 7
Jan 30	Feb 6	Apr 23	Mar 16	Mar 23	Jun 8	May 1	May 8	Jul 24	Jun 16	Jun 23	Sep 8
Jan 31	Feb 7	Apr 24	Mar 17	Mar 24	Jun 9	May 2	May 9	Jul 25	Jun 17	Jun 24	Sep 9
Feb 1	Feb 8	Apr 25	Mar 18	Mar 25	Jun 10	May 3	May 10	Jul 26	Jun 18	Jun 25	Sep 10
Feb 2	Feb 9	Apr 26	Mar 19	Mar 26	Jun 11	May 4	May 11	Jul 27	Jun 19	Jun 26	Sep 11
Feb 3	Feb 10	Apr 27	Mar 20	Mar 27	Jun 12	May 5	May 12	Jul 28	Jun 20	Jun 27	Sep 12
Feb 4	Feb 11	Apr 28	Mar 21	Mar 28	Jun 13	May 6	May 13	Jul 29	Jun 21	Jun 28	Sep 13
Feb 5	Feb 12	Apr 29	Mar 22	Mar 29	Jun 14	May 7	May 14	Jul 30	Jun 22	Jun 29	Sep 14
Feb 6	Feb 13	Apr 30	Mar 23	Mar 30	Jun 15	May 8	May 15	Jul 31	Jun 23	Jun 30	Sep 15
Feb 7	Feb 14	May 1	Mar 24	Mar 31	Jun 16	May 9	May 16	Aug 1	Jun 24	Jul 1	Sep 16
Feb 8	Feb 15	May 2	Mar 25	Apr 1	Jun 17	May 10	May 17	Aug 2	Jun 25	Jul 2	Sep 17
Feb 9	Feb 16	May 3	Mar 26	Apr 2	Jun 18	May 11	May 18	Aug 3	Jun 26	Jul 3	Sep 18
Feb 10	Feb 17	May 4	Mar 27	Apr 3	Jun 19	May 12	May 19	Aug 4	Jun 27	Jul 4	Sep 19
Feb 11	Feb 18	May 5	Mar 28	Apr 4	Jun 20	May 13	May 20	Aug 5	Jun 28	Jul 5	Sep 20

Postpartum visit schedule

Page 5 of 6

Feb 12	Feb 19	May 6	Mar 29	Apr 5	Jun 21	May 14	May 21	Aug 6	Jun 29	Jul 6	Sep 21
Feb 13	Feb 20	May 7	Mar 30	Apr 6	Jun 22	May 15	May 22	Aug 7	Jun 30	Jul 7	Sep 22
Feb 14	Feb 21	May 8	Mar 31	Apr 7	Jun 23	May 16	May 23	Aug 8	Jul 1	Jul 8	Sep 23
Feb 15	Feb 22	May 9	Apr 1	Apr 8	Jun 24	May 17	May 24	Aug 9	Jul 2	Jul 9	Sep 24

Schedule visit			Schedule visit			Schedule visit			Schedule visit		
Delivery	From	To	Delivery	From	To	Delivery	From	To	Delivery	From	To
Jul 3	Jul 10	Sep 25	Aug 26	Sep 2	Nov 18	Oct 19	Oct 26	Jan 11	Dec 12	Dec 19	Mar 6
Jul 4	Jul 11	Sep 26	Aug 27	Sep 3	Nov 19	Oct 20	Oct 27	Jan 12	Dec 13	Dec 20	Mar 7
Jul 5	Jul 12	Sep 27	Aug 28	Sep 4	Nov 20	Oct 21	Oct 28	Jan 13	Dec 14	Dec 21	Mar 8
Jul 6	Jul 13	Sep 28	Aug 29	Sep 5	Nov 21	Oct 22	Oct 29	Jan 14	Dec 15	Dec 22	Mar 9
Jul 7	Jul 14	Sep 29	Aug 30	Sep 6	Nov 22	Oct 23	Oct 30	Jan 15	Dec 16	Dec 23	Mar 10
Jul 8	Jul 15	Sep 30	Aug 31	Sep 7	Nov 23	Oct 24	Oct 31	Jan 16	Dec 17	Dec 24	Mar 11
Jul 9	Jul 16	Oct 1	Sep 1	Sep 8	Nov 24	Oct 25	Nov 1	Jan 17	Dec 18	Dec 25	Mar 12
Jul 10	Jul 17	Oct 2	Sep 2	Sep 9	Nov 25	Oct 26	Nov 2	Jan 18	Dec 19	Dec 26	Mar 13
Jul 11	Jul 18	Oct 3	Sep 3	Sep 10	Nov 26	Oct 27	Nov 3	Jan 19	Dec 20	Dec 27	Mar 14
Jul 12	Jul 19	Oct 4	Sep 4	Sep 11	Nov 27	Oct 28	Nov 4	Jan 20	Dec 21	Dec 28	Mar 15
Jul 13	Jul 20	Oct 5	Sep 5	Sep 12	Nov 28	Oct 29	Nov 5	Jan 21	Dec 22	Dec 29	Mar 16
Jul 14	Jul 21	Oct 6	Sep 6	Sep 13	Nov 29	Oct 30	Nov 6	Jan 22	Dec 23	Dec 30	Mar 17
Jul 15	Jul 22	Oct 7	Sep 7	Sep 14	Nov 30	Oct 31	Nov 7	Jan 23	Dec 24	Dec 31	Mar 18
Jul 16	Jul 23	Oct 8	Sep 8	Sep 15	Dec 1	Nov 1	Nov 8	Jan 24	Dec 25	Jan 1	Mar 19
Jul 17	Jul 24	Oct 9	Sep 9	Sep 16	Dec 2	Nov 2	Nov 9	Jan 25	Dec 26	Jan 2	Mar 20
Jul 18	Jul 25	Oct 10	Sep 10	Sep 17	Dec 3	Nov 3	Nov 10	Jan 26	Dec 27	Jan 3	Mar 21
Jul 19	Jul 26	Oct 11	Sep 11	Sep 18	Dec 4	Nov 4	Nov 11	Jan 27	Dec 28	Jan 4	Mar 22
Jul 20	Jul 27	Oct 12	Sep 12	Sep 19	Dec 5	Nov 5	Nov 12	Jan 28	Dec 29	Jan 5	Mar 23
Jul 21	Jul 28	Oct 13	Sep 13	Sep 20	Dec 6	Nov 6	Nov 13	Jan 29	Dec 30	Jan 6	Mar 24
Jul 22	Jul 29	Oct 14	Sep 14	Sep 21	Dec 7	Nov 7	Nov 14	Jan 30	Dec 31	Jan 7	Mar 25
Jul 23	Jul 30	Oct 15	Sep 15	Sep 22	Dec 8	Nov 8	Nov 15	Jan 31			
Jul 24	Jul 31	Oct 16	Sep 16	Sep 23	Dec 9	Nov 9	Nov 16	Feb 1			
Jul 25	Aug 1	Oct 17	Sep 17	Sep 24	Dec 10	Nov 10	Nov 17	Feb 2			
Jul 26	Aug 2	Oct 18	Sep 18	Sep 25	Dec 11	Nov 11	Nov 18	Feb 3			
Jul 27	Aug 3	Oct 19	Sep 19	Sep 26	Dec 12	Nov 12	Nov 19	Feb 4			
Jul 28	Aug 4	Oct 20	Sep 20	Sep 27	Dec 13	Nov 13	Nov 20	Feb 5			
Jul 29	Aug 5	Oct 21	Sep 21	Sep 28	Dec 14	Nov 14	Nov 21	Feb 6			
Jul 30	Aug 6	Oct 22	Sep 22	Sep 29	Dec 15	Nov 15	Nov 22	Feb 7			
Jul 31	Aug 7	Oct 23	Sep 23	Sep 30	Dec 16	Nov 16	Nov 23	Feb 8			
Aug 1	Aug 8	Oct 24	Sep 24	Oct 1	Dec 17	Nov 17	Nov 24	Feb 9			
Aug 2	Aug 9	Oct 25	Sep 25	Oct 2	Dec 18	Nov 18	Nov 25	Feb 10			
Aug 3	Aug 10	Oct 26	Sep 26	Oct 3	Dec 19	Nov 19	Nov 26	Feb 11			
Aug 4	Aug 11	Oct 27	Sep 27	Oct 4	Dec 20	Nov 20	Nov 27	Feb 12			
Aug 5	Aug 12	Oct 28	Sep 28	Oct 5	Dec 21	Nov 21	Nov 28	Feb 13			
Aug 6	Aug 13	Oct 29	Sep 29	Oct 6	Dec 22	Nov 22	Nov 29	Feb 14			
Aug 7	Aug 14	Oct 30	Sep 30	Oct 7	Dec 23	Nov 23	Nov 30	Feb 15			
Aug 8	Aug 15	Oct 31	Oct 1	Oct 8	Dec 24	Nov 24	Dec 1	Feb 16			
Aug 9	Aug 16	Nov 1	Oct 2	Oct 9	Dec 25	Nov 25	Dec 2	Feb 17			

Postpartum visit schedule

Page 6 of 6

Aug 10	Aug 17	Nov 2	Oct 3	Oct 10	Dec 26	Nov 26	Dec 3	Feb 18
Aug 11	Aug 18	Nov 3	Oct 4	Oct 11	Dec 27	Nov 27	Dec 4	Feb 19
Aug 12	Aug 19	Nov 4	Oct 5	Oct 12	Dec 28	Nov 28	Dec 5	Feb 20
Aug 13	Aug 20	Nov 5	Oct 6	Oct 13	Dec 29	Nov 29	Dec 6	Feb 21
Aug 14	Aug 21	Nov 6	Oct 7	Oct 14	Dec 30	Nov 30	Dec 7	Feb 22
Aug 15	Aug 22	Nov 7	Oct 8	Oct 15	Dec 31	Dec 1	Dec 8	Feb 23
Aug 16	Aug 23	Nov 8	Oct 9	Oct 16	Jan 1	Dec 2	Dec 9	Feb 24
Aug 17	Aug 24	Nov 9	Oct 10	Oct 17	Jan 2	Dec 3	Dec 10	Feb 25
Aug 18	Aug 25	Nov 10	Oct 11	Oct 18	Jan 3	Dec 4	Dec 11	Feb 26
Aug 19	Aug 26	Nov 11	Oct 12	Oct 19	Jan 4	Dec 5	Dec 12	Feb 27
Aug 20	Aug 27	Nov 12	Oct 13	Oct 20	Jan 5	Dec 6	Dec 13	Feb 28
Aug 21	Aug 28	Nov 13	Oct 14	Oct 21	Jan 6	Dec 7	Dec 14	Mar 1
Aug 22	Aug 29	Nov 14	Oct 15	Oct 22	Jan 7	Dec 8	Dec 15	Mar 2
Aug 23	Aug 30	Nov 15	Oct 16	Oct 23	Jan 8	Dec 9	Dec 16	Mar 3
Aug 24	Aug 31	Nov 16	Oct 17	Oct 24	Jan 9	Dec 10	Dec 17	Mar 4
Aug 25	Sep 1	Nov 17	Oct 18	Oct 25	Jan 10	Dec 11	Dec 18	Mar 5

If you have any questions about this communication, call Provider Services at **833-359-1386 (TTY 711)**.