

Foundations of LGBTQ Health

Trainers: Kate Bishop, MSSA; James Griffin, PsyD

Credits: CE, CME

Audience: All Chase Brexton staff and providers

Clinicians and other healthcare workers serve sexual and gender minority people every day, but adequate preparation about supporting these populations is rarely offered professional training. Using a Cultural Humility framework, this workshop provides a broad overview of LGBTQ+ terms, gender identity concepts, cultural beliefs, health disparities, and barriers to accessing services, as well as best practice strategies for creating an affirming care experience.

- April 25, 2025 2:15 PM to 4:15 PM
- May 9, 2025 2:15 PM to 4:15 PM
- May 23, 2025 2:15 PM to 4:15 PM
- June 6, 2025 2:15 PM to 4:15 PM
- June 20, 2025 2:15 PM to 4:15 PM

Fundamentals of Gender Affirming Care - Level 1

Trainer: Faith Lambert, PhD; Dave Cornell, DNP

Credits: CE, CME

Audience: All patient-facing staff and providers

This workshop will present cutting-edge affirming treatment approaches for gender diverse adolescents and adults. Content includes key terminology and concepts, social drivers of health, gender minority stress, mental health and substance use considerations, and an overview of medical and surgical transition treatment options. Behavioral Health clinicians and clinical support staff will gain insight into the benefits of collaborating with medical providers to promote client well-being.

- April 30, 2025, 9:00 AM 11:00 AM
- May 14, 2025, 9:00 AM 11:00 AM
- May 29, 2025, 9:00 AM 11:00 AM
- June 11, 2025, 9:00 AM 11:00 AM
- June 25, 2025, 9:00 AM 11:00 AM



Fundamentals of Gender Affirming Care - Level 2

Trainer: Faith Lambert, PhD; Dave Cornell, DNP

Credits: CE, CME

Audience: MAs, RNs, medical and BH providers

This workshop is designed primarily for medical clinical staff who work in direct patient care, continuing to outline affirming treatment approaches for gender diverse adolescents and adults. Content includes taking a sensitive medical, social, and sexual history, sexual health concerns including HIV, PrEP, and navigating pelvic care, as well as a more complex exploration of medical and surgical transition treatment options. Case examples and ample time for Q&A promote learning.

- April 9, 2025, 9:00 AM 11:00 AM
- May 7, 2025, 9:00 AM 11:00 AM
- May 22, 2025, 9:00 AM 11:00 AM
- June 4, 2025, 9:00 AM 11:00 AM
- June 18, 2025, 9:00 AM 11:00 AM

Fundamentals of Gender Affirming Care – Level 3

Trainer: Faith Lambert, PhD; Dave Cornell, DNP

Credits: CE, CME

Audience: Medical and BH providers, RNs

This workshop is designed primarily for medical clinicians and nursing staff who work in direct patient care, continuing to deepen understanding of affirming treatment approaches for gender diverse adolescents and adults. Includes specific content on dosing and lab protocols for prescribing hormone therapy, the Informed Consent model of care, routine preventative screenings, and a discussion of fertility and reproductive concerns. Case examples and ample time for Q&A promote learning.

- April 17, 2025, 9:00 AM 11:00 AM
- May 15, 2025, 9:00 AM 11:00 AM
- May 28, 2025, 9:00 AM 11:00 AM
- June 12, 2025, 9:00 AM 11:00 AM
- June 26, 2025, 9:00 AM 11:00 AM



Advanced Training in Gender Affirming Care - Level 4

Trainer: Faith Lambert, PhD; Dave Cornell, DNP

Credits: CE, CME

Audience: Medical providers who have been in practice 60+ days

Building on Foundations of Gender Affirming Care Levels 1 - 3, this quarterly workshop is designed for medical providers who have been delivering direct patient care to gender diverse adolescents and adults for at least 2 months. Content includes advanced prescribing guidelines, dilemmas, nuances, touching on puberty blockers, surgical preparation and recovery support, and internal referrals to Chase Brexton patient resources. The main focus of the workshop is an exploration of medical care considerations through more complex case scenarios, including examples, challenges, and questions shared by participants.

This is an advanced training course meant for medical prescribers only. To take this training, you must first complete Fundamentals of Gender Affirming Care Levels 1 - 3 and have completed at least 60 days of clinical practice involving gender affirming care.

- April 23, 2025, 9:00 AM 11:00 AM
- August 28, 2025, 9:00 AM 11:00 AM
- December 18, 2025, 9:00 AM 11:00 AM

Foundations of Gender Affirming Surgery Assessment for Behavioral Health Providers

Trainer: James Griffin, PsyD

Credits: CE

This workshop is intended to prepare behavioral health providers to appropriately assess clients seeking Gender Affirming Surgical procedures through the World Professional Association of Transgender Health (WPATH) standards of behavioral health care for gender diverse individuals. Participants will review common psychosocial concerns, behavioral health needs, treatment goals, ethical considerations, surgical-candidate assessment and advocacy in gender affirming care and will become familiar with best practices in composing surgery recommendation letters. Finally, learners will explore the integrated care role of behavioral health clinicians in surgical-candidate assessment and support.

- June 13, 2025, 9:00 AM 4:30 PM
- September 12, 2025, 9:00 AM 4:30 PM
- December 12, 2025, 9:00 AM 4:30 PM