

Clinical Utilization Management Guidelines

Texas | Medicaid

Attached is a list of the Clinical Utilization Management (UM) Guidelines Wellpoint has adopted.

The full list of Medical Policies and Clinical UM Guidelines are publicly available on the **Medical Policy and Clinical UM Guideline subsidiary website**. Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

MCG Care Guidelines or InterQual[®] Level of Care Criteria (based on specific provider contracts) are used for:

- Medical necessity review for medical and behavioral health inpatient review.
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient based service or procedure where there is not an established Medical Policy or Clinical UM Guideline.

In addition, for behavioral health services, the American Society for Addiction Medicine[®] (ASAM) Patient Placement Criteria is utilized for substance use disorder treatment authorizations, with the exception of detoxification which uses MCG Care Guidelines.

Medicaid state contracts, regulatory guidance, CMS requirements, and our Medical Policy/Clinical UM Guidelines supersede MCG Care Guidelines and InterQual Criteria.

Note: We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements, or in our Medical Necessity Criteria Policy ADMIN.00004.

If the request doesn't meet established criteria guidelines, it will be referred to a licensed physician reviewer with the appropriate clinical expertise to make a decision.

The Clinical Utilization Management Guidelines (CUMG) below, that are indicated as new, were adopted by the Medical Operations Committee for STAR members.

https://provider.wellpoint.com/tx

Coverage provided by Wellpoint Insurance Company or Wellpoint Texas, Inc. TXWP-CD-084383-25-CPN83765 | July 2025 To view a guideline, visit Policies, Guidelines, and Manuals | TX Provider | State & Federal Programs | Wellpoint

CUMG number	CUMG title	New item
	Clinical Utilization Management (UM) Guideline for Pre-	
CG-ADMIN-01	Payment Review Medical Necessity Determinations When	
	No Other Clinical UM Guideline Exists	
CG-ANC-08	Mobile Device-Based Health Management Applications	
CG-DME-06	Compression Devices for Lymphedema	
CG-DME-31	Powered Wheeled Mobility Devices	
CG-DME-39	Dynamic Low-Load Prolonged-Duration Stretch Devices	
CG-DME-41	Ultraviolet Light Therapy Delivery Devices for Home Use	
CG-DME-44	Electric Tumor Treatment Field (TTF)	
CG-DME-46	Pneumatic Compression Devices for Prevention of Deep	
	Vein Thrombosis of the Extremities in the Home Setting	
CG-DME-48	Vacuum Assisted Wound Therapy in the Outpatient Setting	
CG-DME-50	Automated Insulin Delivery Systems	
CG-DME-51	External Insulin Pumps	
CG-DME-52	Continuous Passive Motion Devices in the Home Setting	
CG-DME-53	Biomechanical Footwear Therapy	
CG-DME-54	Mechanical Insufflation-Exsufflation Devices	
CG-DME-55	Automated External Defibrillators for Home Use	
CG-LAB-09	Drug Testing or Screening in the Context of Substance	
CG-LAD-09	Use Disorder and Chronic Pain	
CG-LAB-10	Zika Virus Testing	
CG-LAB-11	Screening for Vitamin D Deficiency in Average Risk Individuals	
CG-LAB-12	Testing for Oral and Esophageal Cancer	
CG-LAB-13	Skin Nerve Fiber Density Testing	
CG-LAB-14	Respiratory Viral Panel Testing in the Outpatient Setting	
	Molecular Gastrointestinal Pathogen Panel (GIPP) Testing	
CG-LAB-17	for Infectious Diarrhea in the Outpatient Setting	
CG-LAB-19	Laboratory Evaluation of Vitamin B12	
CG-LAB-20	Thyroid Testing	
CG-LAB-21	Serum Iron Testing	
CG-LAB-22	Nucleic Acid Amplification Tests Using Algorithmic Analysis for the Diagnosis of Bacterial Vaginosis	
CG-LAB-25	Outpatient Glycated Hemoglobin and Protein Testing	
CG-LAB-26	Outpatient Alpha-Fetoprotein Test	

CUMG number	CUMG title	New item
CG-LAB-27	Human Chorionic Gonadotropin Testing	
CG-LAB-29	Gamma Glutamyl Transferase Testing	
CG-LAB-30	Outpatient Laboratory-based Blood Glucose Testing	
CG-LAB-32	Cancer Antigen 125 Testing	
CG-LAB-33	Carcinoembryonic Antigen Testing	
CG-LAB-35	Cancer Antigen 19-9 Testing	
CG-MED-05	Ketogenic Diet for Treatment of Intractable Seizures	
CG-MED-24	Electromyography and Nerve Conduction Studies	
CG-MED-26	Neonatal Levels of Care	
CG-MED-28	Iontophoresis	
CG-MED-34	Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures	
CG-MED-35	Retinal Telescreening Systems	
CG-MED-37	Intensive Programs for Pediatric Feeding Disorders	
CG-MED-39	Bone Mineral Density Testing Measurement	
CG-MED-40	External Ambulatory Cardiac Monitors	
	Moderate to Deep Anesthesia Services for Dental Surgery	
CG-MED-41	in the Facility Setting	
CG-MED-46	Ambulatory Electroencephalography	
	Auditory Brainstem Responses (ABRs) and Evoked	
CG-MED-49	Otoacoustic Emissions (OAEs) for Hearing Disorders	
CG-MED-50	Visual, Somatosensory and Motor Evoked Potentials	
CG-MED-51	Three-Dimensional (3-D) Rendering of Imaging Studies	
CG-MED-52	Allergy Immunotherapy (Subcutaneous)	
CG-MED-53	Cervical Cancer Screening Using Cytology and Human	
CG-MED-55	Papillomavirus Testing	
CG-MED-56	Non-Obstetrical Transvaginal Ultrasonography	
CG-MED-57	Cardiac Stress Testing with Electrocardiogram	
CG-MED-61	Preoperative Testing for Low-Risk Invasive Procedures	
COMED-01	and Surgeries	
CG-MED-62	Resting Electrocardiogram Screening in Adults	
CG-MED-65	Manipulation Under Anesthesia	
CG-MED-66	Cryopreservation of Oocytes or Ovarian Tissue	
CG-MED-69	Inhaled Nitric Oxide	
CG-MED-74	Implantable Ambulatory Event Monitors and Mobile	
	Cardiac Telemetry	
CG-MED-76	Magnetic Source Imaging and	
	Magnetoencephalography	

CUMG number	CUMG title	New item
	Anesthesia Services for Interventional Pain Management	
CG-MED-78	Procedures	
CG-MED-79	Diaphragmatic/Phrenic Nerve Stimulation and	
	Diaphragm Pacing Systems	
CG-MED-81	Ultrasound Ablation for Oncologic Indications	
CG-MED-83	Site of Care: Specialty Pharmaceuticals	
CG-MED-85	Posterior Segment Optical Coherence Tomography	New
CG-MED-86	Enhanced External Counterpulsation in the Outpatient Setting	
CG-MED-88	Preimplantation Embryo Biopsy	
CG-MED-93	Navigational Bronchoscopy	
CG-MED-94	Vestibular Function Testing	
CG-MED-95	Transanal Irrigation	
CG-MED-96	Prefabricated External Infant Ear Molding Systems	
CG-MED-97	Biofeedback and Neurofeedback	
CG-MED-98	Parenteral Antibiotics for the Treatment of Lyme Disease	New
CG-OR-PR-02	Prefabricated and Prophylactic Knee Braces	
CG-OR-PR-06	Spinal Orthoses: Thoracic-Lumbar-Sacral (TLSO), Lumbar-	
CG-OR-PR-00	Sacral (LSO), and Lumbar	
CG-OR-PR-08	Microprocessor Controlled Lower Limb Prosthesis	
CG-OR-PR-09	Microprocessor Controlled Knee-Ankle-Foot Orthosis	
CG-REHAB-03	Pulmonary Rehabilitation	
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair and Brow Lift	
CG-SURG-05	Maze Procedure	
CG-SURG-07	Vertical Expandable Prosthetic Titanium Rib	
CG-SURG-09	Temporomandibular Disorders	
CG-SURG-11	Surgical Treatment for Dupuytren's Contracture	
CG-SURG-15	Endometrial Ablation	
CG-SURG-18	Septoplasty	
CG-SURG-24	Functional Endoscopic Sinus Surgery (FESS)	
CG-SURG-25	Injection Treatment for Morton's Neuroma	
CG-SURG-28	Transcatheter Uterine Artery Embolization	
CG-SURG-29	Lumbar Discography	
	Tonsillectomy for Children with or without	
CG-SURG-30	Adenoidectomy	
CG-SURG-31	Treatment of Keloids and Scar Revision	
CG-SURG-36	Adenoidectomy	
CG-SURG-46	Myringotomy and Tympanostomy Tube Insertion	
CG-SURG-51	Outpatient Cystourethroscopy	

CUMG number	CUMG title	New item
CG-SURG-55	Cardiac Electrophysiological Studies (EPS) and Catheter	
	Ablation	
CG-SURG-56	Diagnostic Fiberoptic Flexible Laryngoscopy	
CG-SURG-57	Diagnostic Nasal Endoscopy	
CG-SURG-58	Radioactive Seed Localization of Nonpalpable Breast	
	Lesions	
CG-SURG-61	Cryosurgical or Radiofrequency Ablation to Treat Solid	
	Tumors Outside the Liver	
CG-SURG-72	Endothelial Keratoplasty	
CG-SURG-73	Balloon Sinus Ostial Dilation	
CG-SURG-75	Transanal Endoscopic Microsurgical (TEM) Excision of	
CG-30KG-73	Rectal Lesions	
CG-SURG-76	Carotid, Vertebral and Intracranial Artery Stent	
CG-30KG-70	Placement with or without Angioplasty	
CG-SURG-77	Refractive Surgery	
CG-SURG-78	Locoregional and Surgical Techniques for Treating	
CG-301(G-70	Primary and Metastatic Liver Malignancies	
	Endovascular/Endoluminal Repair of Aortic Aneurysms,	
CG-SURG-86	Aortoiliac Disease, Aortic Dissection and Aortic	
	Transection	
CG-SURG-87	Nasal Surgery for the Treatment of Obstructive Sleep	
	Apnea and Snoring	
CG-SURG-88	Mastectomy for Gynecomastia	
CG-SURG-89	Radiofrequency Neurolysis and Pulsed Radiofrequency	
	Therapy for Trigeminal Neuralgia	
CG-SURG-90	Mohs Micrographic Surgery	
CG-SURG-91	Minimally Invasive Ablative Procedures for Epilepsy	
CG-SURG-92	Paraesophageal Hernia Repair	
	Sacral Nerve Stimulation and Percutaneous or	
CG-SURG-95	Implantable Tibial Nerve Stimulation for Urinary and	New
	Fecal Incontinence, Urinary Retention	
CG-SURG-96	Intraocular Telescope	
CG-SURG-98	Prostate Biopsy using MRI Fusion Techniques	
CG-SURG-101	Ablative Techniques as a Treatment for Barrett's	
	Esophagus	
CG-SURG-102	Alcohol Septal Ablation for Treatment of Hypertrophic	
	Cardiomyopathy	
CG-SURG-103	Penile Circumcision	
CG-SURG-104	Intraoperative Neurophysiological Monitoring	

CUMG number	CUMG title	New item
CG-SURG-105	Corneal Collagen Cross-Linking	
CG-SURG-106	Venous Angioplasty with or without Stent Placement or	
	Venous Stenting Alone	
CG-SURG-108	Stereotactic Radiofrequency Pallidotomy	
CG-SURG-112	Carpal Tunnel Decompression Surgery	
CG-SURG-113	Tonsillectomy with or without Adenoidectomy for Adults	
CG-SURG-114	Ophthalmic use of Nd: YAG Laser for Posterior	
CG-30KG-114	Capsulotomy	
CG-SURG-115	Mechanical Embolectomy for Treatment of Stroke	
CG-SURG-116	Surgical Treatment of Hyperhidrosis	
CG-SURG-117	Balloon Dilation of the Eustachian Tubes	
CG-SURG-118	Intraocular Anterior Segment Aqueous Drainage Devices	
CG-SURG-118	(without extraocular reservoir)	
CG-SURG-119	Treatment of Varicose Veins (Lower Extremities)	
CG-SURG-121	Fetal Surgery for Prenatally Diagnosed Malformations	
CG-SURG-122	Lingual Frenotomy for Ankyloglossia-Related Feeding	
	Difficulties	
CG-SURG-123	Autologous Fat Grafting and Injectable Soft Tissue Fillers	New
CG-SURG-124	Viscocanalostomy	New
CG-SURG-125	Canaloplasty	New
CG-THER-RAD-07	Intravascular Coronary and Non-Coronary Brachytherapy	
CG-TRANS-02	Kidney Transplantation	