



## Clinical Utilization Management Guidelines

Texas | Medicaid

Attached is a list of the Clinical Utilization Management (UM) Guidelines Wellpoint has adopted.

The full list of Medical Policies and Clinical UM Guidelines is publicly available on the [Medical Policy and Clinical UM Guideline subsidiary website](#). Their purpose is to help you provide quality care by reducing inappropriate use of medical resources.

MCG Care Guidelines or InterQual<sup>®</sup> Level of Care Criteria (based on specific provider contracts) are used for:

- Medical necessity review for medical and behavioral health inpatient
- Inpatient site of service appropriateness.
- Inpatient rehabilitation and skilled nursing facility review.
- Outpatient-based service or procedure where there is no established Medical Policy or Clinical UM Guideline.

In addition, for behavioral health services, the American Society for Addiction Medicine<sup>®</sup> (ASAM) Patient Placement Criteria is utilized for substance use disorder treatment authorizations, with the exception of detoxification, which uses MCG Care Guidelines.

Medicaid state contracts, regulatory guidance, CMS requirements, and our Medical Policy/Clinical UM Guidelines supersede MCG Care Guidelines and InterQual Criteria.

**Note:** We make determinations of medical necessity on a case-by-case basis in accordance with the definition of medical necessity that is contained within the Medicaid state contract, regulatory guidance, CMS requirements, or in our Medical Necessity Criteria Policy ADMIN.00004.

If the request does not meet established criteria guidelines, it will be referred to a licensed physician reviewer with the appropriate clinical expertise to make a decision.

## Clinical Utilization Management Guidelines

Page 2 of 7

The Clinical Utilization Management Guidelines (CUMG) below, which are indicated as *new*, were adopted by the Medical Operations Committee for Medicaid members.

To view a guideline, visit [Medical Policies and Clinical Guidelines](#).

<b>CUMG number</b>	<b>CUMG title</b>	<b>New item</b>
CG-ADMIN-01	Clinical Utilization Management (UM) Guideline for Pre-Payment Review Medical Necessity Determinations When No Other Clinical UM Guideline Exists	
CG-ANC-08	Mobile Device-Based Health Management Applications	
CG-DME-06	Compression Devices for Lymphedema	
CG-DME-31	Powered Wheeled Mobility Devices	
CG-DME-39	Dynamic Low-Load Prolonged-Duration Stretch Devices	
CG-DME-41	Ultraviolet Light Therapy Delivery Devices for Home Use	
CG-DME-44	Electric Tumor Treatment Field (TTF) Therapy	
CG-DME-46	Pneumatic Compression Devices for Prevention of Deep Vein Thrombosis of the Extremities in the Home Setting	
CG-DME-48	Vacuum Assisted Wound Therapy in the Outpatient Setting	
CG-DME-50	Automated Insulin Delivery Systems	
CG-DME-51	External Insulin Pumps	
CG-DME-52	Continuous Passive Motion Devices in the Home Setting	
CG-DME-53	Biomechanical Footwear Therapy	
CG-DME-54	Mechanical Insufflation-Exsufflation Devices	
CG-DME-55	Automated External Defibrillators for Home Use	
CG-DME-59	Self-Operated Spinal Unloading Devices	
CG-LAB-09	Drug Testing or Screening in the Context of Substance Use Disorder and Chronic Pain	
CG-LAB-10	Zika Virus Testing	
CG-LAB-11	Vitamin D Testing	
CG-LAB-12	Testing for Oral and Esophageal Cancer	
CG-LAB-13	Skin Nerve Fiber Density Testing	
CG-LAB-14	Respiratory Viral Panel Testing in the Outpatient Setting	

Clinical Utilization Management Guidelines

<b>CUMG number</b>	<b>CUMG title</b>	<b>New item</b>
CG-LAB-17	Molecular Gastrointestinal Pathogen Panel (GI PP) Testing for Infectious Diarrhea in the Outpatient Setting	
CG-LAB-19	Laboratory Evaluation of Vitamin B12	
CG-LAB-22	Nucleic Acid Amplification Tests Using Algorithmic Analysis for the Diagnosis of Bacterial Vaginosis	
CG-LAB-25	Outpatient Glycated Hemoglobin and Protein Testing	
CG-LAB-26	Outpatient Alpha-Fetoprotein Test	
CG-LAB-27	Human Chorionic Gonadotropin Testing	
CG-LAB-29	Gamma Glutamyl Transferase Testing	
CG-LAB-30	Outpatient Laboratory-based Blood Glucose Testing	
CG-LAB-32	Cancer Antigen 125 Testing	
CG-LAB-33	Carcinoembryonic Antigen Testing	
CG-LAB-35	Cancer Antigen 19-9 Testing	
<b>CG-LAB-36</b>	<b>Partial Thromboplastin Time (PTT)</b>	<b>New</b>
CG-MED-05	Ketogenic Diet for Treatment of Intractable Seizures	
CG-MED-24	Electromyography and Nerve Conduction Studies	
CG-MED-26	Neonatal Levels of Care	
CG-MED-28	Iontophoresis	
CG-MED-34	Monitored Anesthesia Care for Gastrointestinal Endoscopic Procedures	
CG-MED-35	Retinal Telescreening Systems	
CG-MED-37	Intensive Programs for Pediatric Feeding Disorders	
CG-MED-40	External Ambulatory Cardiac Monitors	
CG-MED-41	Moderate to Deep Anesthesia Services for Dental Surgery in the Facility Setting	
CG-MED-46	Ambulatory Electroencephalography	
CG-MED-49	Auditory Brainstem Responses (ABRs) and Evoked Otoacoustic Emissions (OAEs) for Hearing Disorders	
CG-MED-50	Visual, Somatosensory and Motor Evoked Potentials	
CG-MED-52	Allergy Immunotherapy (Subcutaneous)	
CG-MED-53	Cervical Cancer Screening Using Cytology and Human Papillomavirus Detection	
CG-MED-57	Cardiac Stress Testing with Electrocardiogram	
CG-MED-59	Upper Gastrointestinal Endoscopy in Adults	

Clinical Utilization Management Guidelines

<b>CUMG number</b>	<b>CUMG title</b>	<b>New item</b>
CG-MED-61	Preoperative Testing for Low-Risk Invasive Procedures and Surgeries	
CG-MED-62	Resting Electrocardiogram Screening in Adults	
CG-MED-65	Manipulation Under Anesthesia	
CG-MED-66	Cryopreservation of Oocytes or Ovarian Tissue	
CG-MED-69	Inhaled Nitric Oxide	
CG-MED-78	Anesthesia Services for Interventional Pain Management Procedures	
CG-MED-79	Diaphragmatic/Phrenic Nerve Stimulation and Diaphragm Pacing Systems	
CG-MED-81	Ultrasound Ablation for Oncologic Indications	
CG-MED-83	Site of Care: Specialty Pharmaceuticals	
CG-MED-85	Posterior Segment Optical Coherence Tomography	
CG-MED-86	Enhanced External Counterpulsation in the Outpatient Setting	
CG-MED-88	Preimplantation Embryo Biopsy	
CG-MED-94	Vestibular Function Testing	
CG-MED-95	Transanal Irrigation	
CG-MED-96	Prefabricated External Infant Ear Molding Systems	
CG-MED-97	Biofeedback and Neurofeedback	
CG-MED-98	Parenteral Antibiotics for the Treatment of Lyme Disease	
CG-MED-99	Intradialytic Parenteral Nutrition	
CG-MED-100	Surface Electrical Stimulation Devices for Headache and Migraine	
CG-MED-102	Dichoptic Digital Therapy for Amblyopia	
CG-MED-103	Assisted Reproductive Technology	New
CG-MED-104	Percutaneous Electrical Nerve Field Stimulation (PENFS)	New
CG-MED-105	Selected Sleep Testing Services	New
CG-OR-PR-09	Microprocessor Controlled Knee-Ankle-Foot Orthosis	
CG-OR-PR-10	Osseointegrated Limb Prostheses	
CG-RAD-27	Scrotal Ultrasound	
CG-RAD-28	Transrectal Ultrasonography	
CG-RAD-29	X-rays for Low Back Pain	

<b>CUMG number</b>	<b>CUMG title</b>	<b>New item</b>
CG-RAD-30	Non-Obstetrical Transvaginal Ultrasonography	
CG-RAD-31	Three-Dimensional (3-D) Rendering of Imaging Studies	
CG-RAD-32	Bone Mineral Density Testing Measurement	
CG-REHAB-03	Pulmonary Rehabilitation	
CG-SURG-03	Blepharoplasty, Blepharoptosis Repair and Brow Lift	
CG-SURG-05	Maze Procedure	
CG-SURG-07	Vertical Expandable Prosthetic Titanium Rib	
CG-SURG-09	Temporomandibular Disorders	
CG-SURG-11	Surgical Treatment for Dupuytren's Contracture	
CG-SURG-15	Endometrial Ablation	
CG-SURG-18	Septoplasty	
CG-SURG-24	Functional Endoscopic Sinus Surgery (FESS)	
CG-SURG-25	Injection Treatment for Morton's Neuroma	
CG-SURG-29	Lumbar Discography	
CG-SURG-30	Tonsillectomy for Children with or without Adenoidectomy	
CG-SURG-31	Treatment of Keloids and Scar Revision	
CG-SURG-36	Adenoidectomy	
CG-SURG-46	Myringotomy and Tympanostomy Tube Insertion	
CG-SURG-51	Outpatient Cystourethroscopy	
CG-SURG-56	Diagnostic Fiberoptic Flexible Laryngoscopy	
CG-SURG-57	Diagnostic Nasal Endoscopy	
CG-SURG-58	Radioactive Seed Localization of Nonpalpable Breast Lesions	
CG-SURG-61	Cryosurgical or Radiofrequency Ablation to Treat Solid Tumors Outside the Liver	
CG-SURG-72	Endothelial Keratoplasty	
CG-SURG-73	Balloon Sinus Ostial Dilation	
CG-SURG-75	Transanal Endoscopic Microsurgical (TEM) Excision of Rectal Lesions	
CG-SURG-76	Carotid, Vertebral and Intracranial Artery Stent Placement with or without Angioplasty	
CG-SURG-77	Refractive Surgery	

<b>CUMG number</b>	<b>CUMG title</b>	<b>New item</b>
CG-SURG-78	Cryosurgical, Radiofrequency, Microwave, or Percutaneous Ethanol Ablation to Treat Solid Tumors in the Liver	
CG-SURG-86	Endovascular/Endoluminal Repair of Aortic Aneurysms, Aortoiliac Disease, Aortic Dissection and Aortic Transection	
CG-SURG-88	Mastectomy for Gynecomastia	
CG-SURG-89	Radiofrequency Neurolysis and Pulsed Radiofrequency Therapy for Trigeminal Neuralgia	
CG-SURG-90	Mohs Micrographic Surgery	
CG-SURG-91	Minimally Invasive Ablative Procedures for Epilepsy	
CG-SURG-92	Paraesophageal Hernia Repair	
CG-SURG-101	Ablative Techniques as a Treatment for Barrett's Esophagus	
CG-SURG-102	Alcohol Septal Ablation for Treatment of Hypertrophic Cardiomyopathy	
CG-SURG-103	Penile Circumcision	
CG-SURG-104	Intraoperative Neurophysiological Monitoring	
CG-SURG-105	Corneal Collagen Cross-Linking	
CG-SURG-106	Venous Angioplasty with or without Stent Placement or Venous Stenting Alone	
CG-SURG-108	Stereotactic Radiofrequency Pallidotomy	
CG-SURG-112	Carpal Tunnel Decompression Surgery	
CG-SURG-113	Tonsillectomy with or without Adenoidectomy for Adults	
CG-SURG-114	Ophthalmic use of Nd: YAG Laser for Posterior Capsulotomy	
CG-SURG-115	Mechanical Embolectomy for Treatment of Stroke	
CG-SURG-116	Surgical Treatment of Hyperhidrosis	
CG-SURG-117	Balloon Dilation of the Eustachian Tubes	
CG-SURG-118	Intraocular Anterior Segment Aqueous Drainage Devices (without extraocular reservoir)	
CG-SURG-121	Fetal Surgery for Prenatally Diagnosed Malformations	
CG-SURG-122	Lingual Frenotomy for Ankyloglossia-Related Feeding Difficulties	

Clinical Utilization Management Guidelines

Page 7 of 7

CUMG number	CUMG title	New item
CG-SURG-123	Autologous Fat Grafting and Injectable Soft Tissue Fillers	
CG-SURG-124	Viscocanalostomy	
CG-SURG-125	Canaloplasty	
CG-SURG-127	Products for Wound Healing and Soft Tissue Grafting: Medically Necessary Uses	
CG-SURG-129	Internal Rib Fixation Systems	
CG-SURG-130	Microsurgical Procedures for the Prevention or Treatment of Lymphedema	New
CG-THER-RAD-07	Intravascular Coronary and Non-Coronary Brachytherapy	
CG-TRANS-02	Kidney Transplantation	